

	<u>Sunday II</u>			<u>Monday II</u>			<u>Tuesday II</u>			<u>Wednesday II</u>			<u>Thursday II</u>			<u>Friday II</u>			<u>Saturday II</u>	
	Regular			Regular			Regular			Regular			Regular			Regular			Regular	
B	4 oz	Orange Juice	B	4 oz	Orange Juice	B	4 oz	Orange Juice	B	4 oz	Orange Juice	B	4 oz	Orange Juice	B	4 oz	Orange Juice	B	4 oz	Orange Juice
R	¾ c	Hot Cereal	R	¾ c	Hot Cereal	R	¾ c	Hot Cereal	R	¾ c	Hot Cereal	R	¾ c	Hot Cereal	R	¾ c	Hot Cereal	R	¾ c	Hot Cereal
E	½ c	Scrambled Egg	E			E	½ c	Cheese omelet Pepper,onions, tomato	E	½ c	Cottage cheese	E	½ c	Scramble	E			E	½	Scrambled Egg
A	2 Sl	Bacon	A	2 sl	French toast	A	1 sl	Raisin	A	2sl	Pancakes	A	1 sl	Muffin	A	2 sl	French toast	A	1 sl	Bread
K	1 sl	Toast WW	K	1	Butter	K	1	Butter	K			K	1	Butter	K	1	Butter	K	1	Butter
F	1	Butter	F			F	1	Jelly	F	1	Butter	F			F			F	1	Jelly
A	1	Jelly	A	8 oz	Milk	A			A			A			A	8 oz	Milk	A		
S	8 oz	Milk	S		Tea/Coffee	S	8 oz	Milk	S	8 oz	Milk	S	8 oz	Milk	S		Tea/Coffee	S	8 oz	Milk
T		Tea/Coffee	T		Sugar/Salt/Pepper	T		Tea/Coffee	T		Tea/Coffee	T		Tea/Coffee	T		Sugar/Salt/Pepper	T		Tea/Coffee
		Sugar/Salt/Pepper						Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper						Sugar/Salt/Pepper
L	3 oz	Roast Pork	L	3 oz	Hot Dog on Bun	L	3oz	Meatloaf	L	3oz	Roast Turkey	L	3 oz	Ep Chicken	L	4oz	Breaded Flounder	L	3oz	Meatballs
U	2 oz	Gravy	U	1/2 c	Baked Beans	U	2oz	Gravy	U	2oz	Gravy	U	2 oz	Marsala Gravy	U		Tartar Sauce 1pkg Baked Flounder NH	U	2oz	Tomato Sauce
N	½ c	Sweet Potatoes	N	½ c	Carrots	N	½ c	Mashed Potatoes	N	½ c	Stuffing	N	½ c	Rice	N	½ x	Au Gratin Potatoes	N	½ c	Spaghetti
C			C	1oz	Sauerkraut	C	½ c	Italian Blend	C	½ c	Collard Greens*	C	½ c	Green Bean	C	½ c	Chopped Spinach	C	½ c	Broccoli*
H	½ c	Peas & onions	H			H			H			H			H			H		
	1/8"	Assorted Pie		½ c	Diced Pears		½c	Mandarin Orange		½ c	Pineapple		1/8	Assorted Cake		½ c	Watermelon		1	Banana Pudding
	8 oz	Milk		8 oz	Milk		8 oz	Milk		8 oz	Milk		8 oz	Milk		8 oz	Milk		8oz	Milk
		Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee
		Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper
S	6 oz	Cream of Celery Soup	S	6 oz	Minestrone Soup	S	6 oz	Lentil Soup *	S	6 oz	Vegetable Soup	S	6 oz	Pea Soup	S	6 oz	Carrot Soup *	S	6 oz	Barley Soup
U	3 oz	Chicken Salad on Wheat bread	U	3oz	Ham Sandwich	U	3 oz	Blintz	U	3oz	Tuna Sandwich	U	4 oz	Hamburger on Bun	U	3OZ	Egg Sandwich on wheat bread	U	3oz	Turkey Sandwich
P	½ c	Beet Salad	P			P			P			P			P			P	½ c	Cole Slaw
P			P	½ c	Broccoli Salad	P	½ c	Applesauce	P	½ c	Cucumber Salad	P	¾ c	Lettuce and tomatoes	P	½	Three Bean Salad	P		
E	½ c	Fruit Cocktail	E	½ c	Apricots	E	½ c	Diced Peaches	E	½ c	Butterscotch Pudding	E	½ c	Tropical Fruit	E	½ c	Ice Cream	E	½ c	Crushed Pineapple
R			R	Pu	Sweet potatoes	R			R	PU	Zucchini puree /Fish / sauce	R	PU	Stewed tomato puree	R	Pu	Macaroni & cheese /sauce	R	Pu	Sweet potato puree
	8oz	Milk		8 oz	Milk		8 oz	Milk		8 oz	Milk		8 oz	Milk		8 oz	Milk		8oz	Milk
		Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee
		Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper
		Juice/Milk			Juice/Milk			Juice/Milk			Juice/Milk			Juice/Milk			Juice/Milk			Juice/Milk
		Cookies/Crackers			Cookies/Crackers			Cookies/Crackers			Cookies/Crackers			Cookies/Crackers			Cookies/Crackers			Cookies/Crackers