

	<u>Sunday IV</u>		<u>Monday IV</u>		<u>Tuesday IV</u>		<u>Wednesday IV</u>		<u>Thursday IV</u>		<u>Friday IV</u>		<u>Saturday IV</u>	
	Regular		Regular		Regular		Regular		Regular		Regular		Regular	
B	4 oz	Orange Juice	B	4 oz	Orange Juice	B	4 oz	Orange Juice	B	4 oz	Orange Juice	B	4 oz	Orange Juice
R	¾ c	Hot Cereal- Oatmeal	R	¾ c	Hot Cereal-farina	R	¾ c	Hot Cereal- oatmeal	R	¾ c	Hot Cereal- Farina	R	¾ c	Hot Cereal- Farina
E	2 sl	Bacon	E	2oz	Cottage Cheese	E			E	½ c	Cheese Omelet /topping	E		
A	½ c	Scramble eggs	A	2 sm	Pancakes	A	2 sl	French Toast	A	1sl	Raisin Bread	A	1 large	Waffle
K	1	Toast	K	1 oz	Syrup	K	1	Syrup	K	1	Butter	K	1	Butter
F	1	Butter	F	1	Butter	F	1	Butter	F	1	Syrup	F		
A			A			A			A			A		
S	8 oz	Milk	S	8 oz	Milk	S	8 oz	Milk	S	8 oz	Milk	S	8 oz	Milk
T		Tea/Coffee	T		Tea/Coffee	T		Tea/Coffee	T		Tea/Coffee	T		Tea/Coffee
		Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper
					New 1/22/20						New 1/22/20			
L	3 oz	Roast Beef	L	3 oz	EP Pork Chops	L	5 oz	Stuffed Cab/3oz Meat	L	3 oz	Baked Ham	L	3 oz	Baked Turkey
U	2 oz	Gravy	U	2oz	Gravy	U	2 oz	Tomato Sauce	U	2 oz	Glazed Sauce	U	2 oz	Gravy/ 1tbsp Cranberry sauce
N	½ c	Buttered Noodles	N	½ c	Red Roasted Potatoes	N	½ c	Mashed Potatoes	N	½ c	Sweet Potatoes	N	½ c	Stuffing
C	½ c	Italian Blend Veg	C	½ c	Peas & Pimento	C	½ c	Green Beans	C	½ c	Broccoli	C	½ c	Collard Greens
H			H			H			H	1		H		
	4 oz	Ice Cream		½ c	Diced Pears		½ c	Marble Pudding		1/8	Cake		½ c	Seedless Grapes
	4 oz	Milk		4 oz	Milk		4 oz	Milk		4 oz	Milk		4 oz	Milk
		Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee
		Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper
											New 1/22/20			
S	6 oz	Cream of Mushroom	S	6 oz	Chicken Soup	S	6 oz	Pea Soup	S	6oz	Cream of Carrot Soup	S	6oz	Hearty Vegetable Soup
U	2 oz	Ham & Swiss Cheese Sand. On Rye Bread	U	4"	Cheese Pizza w/ 2oz cheese	U	½ c	Tuna Salad Sandwich on Wheat Bread	U	3oz 1	Chicken Patty Hamburger bun / mayo	U	2oz 1oz	Salami & Cheese Sandwich
P	½ c	Ground Ham Salad	P	¾ c	Tossed salad dressing	P			P			P		
P	½ c	Beets Salad	P	GR	Diced tomato Salad	P	½ c	Carrot Salad	P	½ c	3 Bean Salad	P		Cucumber Salad
R	½ c	Diced Peaches	R	½ c	Mandarin Oranges	R	½ c	Fruit Cocktail	R	½ c	Tropical Fruit	R	½ c	Apricot Halves
	4 oz	Milk		4 oz	Milk		4 oz	Milk		4 oz	Milk		4 oz	Milk
		Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee		4 oz	Tea / Coffee
		Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper
Pur		Sweet potato,	Pur		Pasta/cheese /Zucchini	Pur		Fish, Mashed, Carrots	pur		Mashed / Green Beans	Pur		Beef, cr. Rice, Zucchini
														Pur
		Juice/Milk			Juice/Milk			Juice/Milk			Juice/Milk			Juice/Milk
		Cookies/Crackers			Cookies/Crackers			Cookies/Crackers			Cookies/Crackers			Cookies/Crackers

Revised 4/28/2019 tomato products 7/13/2020 7/20/2020 8/05 reviewed