

	<u>Sunday I</u>			<u>Monday I</u>			<u>Tuesday I</u>			<u>Wednesday I</u>			<u>Thursday I</u>			<u>Friday I</u>			<u>Saturday I</u>		
	Regular			Regular			Regular			Regular			Regular			Regular					
B	4 oz	Orange Juice	B	4 oz	Orange Juice	B	4 oz	Orange Juice	B	4 oz	Orange Juice	B	4 oz	Orange Juice	B	4 oz	Orange Juice	B	4 oz	Orange Juice	
R	3/4 c	Hot Cereal	R	3/4 c	Hot Cereal	R	3/4 c	Hot Cereal	R	3/4 c	Hot Cereal – Oatmeal	R	3/4 c	Hot Cereal	R	3/4 c	Hot Cereal	R	3/4 c	Hot Cereal	
E	1/2 c	Scrambled Egg	E	1/4 c	Cottage Cheese	E	3oz	Cheese Omelet	E	1/2 c	Scramble Eggs	E	2 sl	French Toast	E	1/2 c	Scrambled Egg	E	1/4c	Scramble Eggs	
A	1 oz	Breakfast Sausage	A	2 sm	Pancakes	A	1 oz	Pepper, onion, tomato	A	1 sl	Toast	A	1	Butter	A	1sl	Raisin Toast	A	1 sq	Waffle	
K	1	Muffin	K	1	Butter	K	1	Butter	K	1	Butter	K	1oz	Syrup	K			K	1	Butter	
F	1	Butter	F	1	Syrup	F	1sl	Toast	F			F			F	1	Butter	F	1	Syrup	
A			A			A			A			A			A			A			
S	8 oz	Milk	S	8 oz	Milk	S	8 oz	Milk	S	8 oz	Milk	S	8 oz	Milk	S	8 oz	Milk	S	8 oz	Milk	
T		Tea/Coffee	T		Tea/Coffee	T		Tea/Coffee	T		Tea/Coffee	T		Tea/Coffee	T		Tea/Coffee	T		Tea/Coffee	
		Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper	
					New 1/22/20																
L	3 oz	Yankee Pot Roast	L	3 oz	E.P. BBQ Chicken	L	3 oz	Kielbasi	L	1/2 c	Spaghetti	L	3oz	Honey Mustard Chic.	L	3 oz	Fried Flounder	L	5 oz	Stuffed Pepp./3oz Meat	
U	1 oz	Gravy	U			U	1 oz	Sauerkraut/ Mustard	U	3 oz	Meat Balls	U	1 oz	Honey Mustard Sauce	U	3 oz	Baked Fish	U	1 oz	Sauce	
N	1 m	Baked Potato	N	1/2 c	Rice	N	1/2 c	Dill Red Potatoes	N	1 oz	Spag. Sauce/1 oz Parm	N	1/2 c	French Fires	N	1 oz	Tartar Sauce	N	1/2 c	Mashed potato	
C	1 oz	Sour Cream	C	1/2 c	Italian Blend	C	1/2 c	Carrots	C	1/2 c	Spinach	C	1/2 c	Vegetable Medley	C	1/2 c	Au gratin Potatoes	C	1/2 c	Wax Beans	
H	1/2 c	Mixed Vegetables	H			H			H	1sl	Garlic Bread/Marg.	H			H	1/2 c	Stewed Tomatoes	H			
	1/2 c	Ice Cream		1/2 c	Diced Pears		1/8	Assorted Pies		1/2 c	Tropical Fruit		1/2 c	Apricot Halves		2x2	Cake		1/2 c	Marble Pudding	
	4 oz	Milk		4 oz	Milk		4 oz	Milk		4 oz	Milk		4 oz	Milk		4 oz	Milk		4 oz	Milk	
		Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee	
		Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper			Sugar/Salt/Pepper	
					8/31/2020						8/31/2020			New 1/23/20							
S	6oz	Chicken Noodle Soup	S	6oz	Creamy Tomato Soup	S	6oz	Vegetable Soup	S	6oz	Minestrone Soup	S	6oz	Carrot Soup	S	6oz	Cr. Of Mushroom Soup	S	6oz	Navy Bean Soup	
U	1/2c	Tuna Salad Sandwich	U	3oz	Grilled Cheese	U	2oz	Turkey Sandwich on White Bread /Mayo	U	3/4c	Macaroni & Cheese	U	3 oz	Hamburger	U	4”	Cheese Pizza w/ 2oz cheese	U	1/2 c	Egg Salad	
P			P			P			P			P	1	Hamburger Bun	P			P	1/2 c	Carrot Salad	
P	1/2 c	Beets Salad	P	1/2 c	3 Bean Salad	P		Cucumber Salad	P	1/2 c	Green Beans	P	1/2 c	Cole Slaw	P	1/2 c	Broccoli Salad	P			
E	1/2c	Mandarin Orange	E	1/2 c	Fruit Cocktail	E	1/2 c	Crushed Pineapple	E	1/2 c	Banana Pudding	E	1/2 c	Seedless Grapes	E	1/2 c	Diced Pears	E	1/2 c	Diced Peaches	
R			R			R			R			R			R			R			
	4 oz	Milk		4 oz	Milk		4 oz	Milk		4 oz	Milk		4 oz	Milk		4 oz	Milk		4 oz	Milk	
		Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee			Tea / Coffee	
		Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper			Sugar/ Salt/ Pepper	
		Juice/Milk			Juice/Milk			Juice/Milk			Juice/Milk			Juice/Milk			Juice/Milk			Juice/Milk	
		Cookies/Crackers			Cookies/Crackers			Cookies/Crackers			Cookies/Crackers			Cookies/Crackers			Cookies/Crackers			Cookies/Crackers	

Revised 11/19/2018 revised 6/04/2019 – 8/20/20
8/31/20/20